

4. Dressing

Is the person able to dress themselves?

No

Task	Is the person able to get their arms and legs into clothing?	Is the person able to get their arms and legs out of clothing?	Is the person able to use buttons, zippers, or laces?	Is the person able to choose clothing appropriate to social situation?	Is the person able to choose clothing appropriate to weather?
Why not?	<ul style="list-style-type: none"> - Limited mobility - Can't reach feet 	<ul style="list-style-type: none"> - Limited mobility - Can't reach feet 	<ul style="list-style-type: none"> - Limited upper extremity use - Tremor - Incoordination - Decreased sensation - Restricted hand use (arthritis) 	<ul style="list-style-type: none"> - Forgets social occasion 	<ul style="list-style-type: none"> - Doesn't check current weather activity - Doesn't check future weather activity
Intervention?	OT	OT	OT	OT	OT
Solutions and Strategies	<ul style="list-style-type: none"> - Clothing style - AT device: sock aid, long handle shoe horn, Velcro - Compensatory strategies - One hand technique - PCA 	<ul style="list-style-type: none"> - Clothing style - AT devices - PCA 	<ul style="list-style-type: none"> - Buttonhook - Zipper pull - Elastic laces - Velcro - Clothing style 	<ul style="list-style-type: none"> - Ask someone - Checklist - Reminder: alarm, visit schedule, PCA 	<ul style="list-style-type: none"> - PCA - Ask Alexa - Magic Mirror - Checklist - TV - Check weather

Is the person able to dress themselves?

No

Task	Is the person able to access their clothing?	Is the person able to review the condition of the clothing?	Is the person able to see their clothes?		
Why not?	<ul style="list-style-type: none"> - Out of reach - Can't lift from pile 	<ul style="list-style-type: none"> - Can't see - Cognitive limitations 	<ul style="list-style-type: none"> - Can't see 		
Intervention?	OT	OT	OT		
Solutions and Strategies	<ul style="list-style-type: none"> - Make clothes accessible - Clothing location in reach - Folded vs hung - Environmental changes 	<ul style="list-style-type: none"> - Ask someone - if yes, check mirror 	<ul style="list-style-type: none"> - Color ID - Tactile indication - Buy same clothes – color, style 		