

# 1. Eating

Is the person able to eat?

No

Task	Is the person able to cut food into manageable pieces?	Is the person able to get food to mouth?	Is the person able to chew food?	Is the person able to swallow food?	Is the person able to get a drink to their mouth?
Why not?	<ul style="list-style-type: none"> <li>- Can't use hands</li> <li>- Doesn't recognize size</li> <li>- Use of one/two arms</li> <li>- Food slides off plate</li> <li>- Plate slides away</li> </ul>	<p>Sensory</p> <ul style="list-style-type: none"> <li>- Lack of awareness of limbs</li> <li>- Impaired sensation</li> </ul> <p>Motor</p> <ul style="list-style-type: none"> <li>- ROM</li> <li>- Strength</li> <li>- Lack of coordination</li> </ul> <p>Cognitive</p> <ul style="list-style-type: none"> <li>-</li> </ul>			<p>Motor</p> <ul style="list-style-type: none"> <li>- Reach</li> <li>- Strength</li> </ul> <p>Cognitive</p> <p>Coordination</p>
Intervention?	Yes, OT	Yes, OT	Yes, SLP	Yes, SLP	Yes, SLP
Solutions and Strategies	<p>Sort of/one</p> <ul style="list-style-type: none"> <li>- Rocker knife</li> <li>- Plate guard</li> <li>- Non-skid mat</li> <li>- Pre-cut food</li> </ul> <p>None</p> <ul style="list-style-type: none"> <li>- Feeding machine</li> <li>- Supervision</li> </ul>	<p>Sensory</p> <ul style="list-style-type: none"> <li>- Weighted utensils</li> <li>- Stabilize extremity, i.e. prop up arm</li> <li>- Color contrast</li> <li>- Textured utensils</li> </ul> <p>Motor</p> <ul style="list-style-type: none"> <li>- Built-up handles</li> <li>- Universal cuff</li> <li>- Plate guard</li> <li>- Non-skid mat / Dycem</li> <li>- Long handle utensils</li> <li>- Bendable</li> <li>- Adjustable height</li> <li>- Lightweight utensils (plastic)</li> <li>- Feeding machine</li> </ul>	<p>Cognitive</p> <ul style="list-style-type: none"> <li>- One on one</li> <li>- Cueing</li> <li>- App</li> <li>- Metronome</li> </ul> <p>Motor</p> <p>Weakness / fatigue</p> <ul style="list-style-type: none"> <li>- Small meals</li> <li>- Softer food</li> <li>- Positioning</li> </ul> <p>Pocketing</p> <ul style="list-style-type: none"> <li>- Positioning</li> </ul> <ul style="list-style-type: none"> <li>- Change diet</li> </ul>		<p>Motor</p> <ul style="list-style-type: none"> <li>- Long straw</li> <li>- Two handled cup</li> <li>- Lightweight cup</li> </ul> <p>Cognitive</p> <ul style="list-style-type: none"> <li>- Cueing</li> <li>- One on one</li> <li>- App</li> <li>- Change of pace</li> </ul> <p>Coordination</p> <ul style="list-style-type: none"> <li>- Two handled cup</li> <li>- Weighted base cup</li> <li>- Wrist weights</li> <li>- Wider base cup</li> </ul>

		<ul style="list-style-type: none"><li>- Mobile arm support</li><li>- Swivel utensils</li><li>- Position closer to food</li><li>- Wrist weights</li><li>- Strap on utensils</li></ul> <p>Cognitive</p> <ul style="list-style-type: none"><li>- Alarms</li><li>- Human cueing</li><li>- Metronome</li><li>- App</li><li>- Divided plate</li></ul>			
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Is the person able to eat?

No

Task	Is the person able to swallow liquids?	Is the person able to see the food?	Is the person able to smell the food?	Is the person able to recognize the food?	Is the person able to eat the food, but...?
Why not?					<ul style="list-style-type: none"> <li>- Doesn't eat enough</li> <li>- Can't swallow</li> <li>- Doesn't drink enough</li> <li>- Won't eat textured foods</li> </ul>
Intervention?	Yes, SLP				
Solutions and Strategies	<p>Motor</p> <ul style="list-style-type: none"> <li>- Positioning</li> <li>- Stimulation</li> </ul> <p>Sensory</p> <ul style="list-style-type: none"> <li>- Positioning</li> <li>- Tactile cueing</li> </ul> <p>Cognitive</p> <ul style="list-style-type: none"> <li>- Change pace</li> <li>- One on one</li> <li>- Cuing</li> <li>- App</li> </ul>	<p>Visual impairment</p> <ul style="list-style-type: none"> <li>- Clock method</li> <li>- Plate guard</li> <li>- Magnifier</li> <li>- Contrasting colors</li> </ul> <p>Full impairment</p> <ul style="list-style-type: none"> <li>- Clock method</li> </ul>		<ul style="list-style-type: none"> <li>- Reminder</li> <li>- Note on door</li> </ul>	