

## 2. Can a Person Bathe?

### Dementia

Task	Is the person able to get to the bathroom?	Is the person able to get into the bathroom?	Is the person able to get in/out of the shower?	Is the person able to get in/out of the tub?	Is the person able to turn water faucets on/off?	Is the person able to regulate water temperature?	Is the person able to wash their body?	Is the person able to wash their hair?	Is the person able to dry self?
Why not?	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Can't find the bathroom</li> <li>- Can't/won't walk</li> <li>- Too dark</li> </ul>	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Can't/won't walk</li> <li>- Threshold too high</li> <li>- Space limited</li> <li>- Cluttered</li> </ul>	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Too high threshold</li> <li>- Limited space</li> <li>- Shower door in the way</li> <li>- Can't/won't stand</li> <li>- Slippery floor</li> </ul>	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Tub side too high</li> <li>- Limited space</li> <li>- Shower door in the way</li> <li>- Can't/won't stand</li> <li>- Slippery floor</li> </ul>	<ul style="list-style-type: none"> <li>- Can't grip handles</li> <li>- Forgets to turn off</li> <li>- Turns on water at inappropriate times</li> </ul>	<ul style="list-style-type: none"> <li>- Only turns on one faucet when two exist</li> <li>- Not aware of water temperature</li> <li>- Doesn't understand how to regulate temperature</li> <li>- Can't differentiate between hot and cold faucets</li> </ul>	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Misses washing body parts</li> <li>- Can't reach all body areas</li> <li>- Can't manage soap and rag at same time</li> <li>- Misses rinsing all body areas</li> </ul>	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Can't manage shampoo bottle</li> <li>- Misses rinsing product out of hair</li> </ul>	<ul style="list-style-type: none"> <li>- Refuses</li> <li>- Misses areas</li> </ul>
Intervention?	Yes, nurse, aide, OT, PT								
Solutions and Strategies	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Sign on bathroom door</li> <li>- Bathroom door a different color</li> <li>- Mobility aid, like a wheelchair</li> <li>- Motion sensor light</li> <li>- Improve lighting</li> <li>- Door sticker: photo of person's original door stuck onto a new door location</li> </ul>	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Mobility aid, like a wheelchair</li> <li>- Remove threshold</li> <li>- Threshold ramp</li> <li>- Use alternate bathroom</li> <li>- Remodel bathroom</li> <li>- Remove clutter</li> </ul>	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Remove threshold</li> <li>- Install grab bar to hold when stepping over threshold</li> <li>- Remodel bathroom</li> <li>- Use another bathroom</li> <li>- Remove shower door</li> <li>- Shower chair/bench</li> <li>- Use transfer board</li> <li>- Install non-skid decals</li> <li>- Use rubber non-skid mat</li> </ul>	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Cut out tub side</li> <li>- Install step in tub</li> <li>- Install grab bar to hold when stepping over side of tub</li> <li>- Remodel bathroom</li> <li>- Use another bathroom</li> <li>- Remove shower door</li> <li>- Shower chair/bench</li> <li>- Use transfer board</li> <li>- Install non-skid decals</li> <li>- Use rubber non-skid mat</li> </ul>	<ul style="list-style-type: none"> <li>- Replace faucet with one of a more accessible style</li> <li>- Monitor water use</li> <li>- Install automatic shower shut off</li> <li>- Use flood-proof plugs</li> <li>- Install faucet guard knob covers</li> </ul>	<ul style="list-style-type: none"> <li>- Replace faucet with single control faucet</li> <li>- Install anti-scald valve</li> <li>- Lower water temperature at water heater</li> <li>- Use heat sensors</li> <li>- Thermometer</li> <li>- Install thermostatic temperature control</li> <li>- Install visual labels for hot and cold</li> </ul>	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Develop washing pattern to include all parts of body</li> <li>- Use of long-handled wash aids</li> <li>- Install dispenser for liquid soap</li> <li>- Use soap mitt</li> <li>- Soap-on-a-Rope</li> <li>- Install handheld shower</li> </ul>	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Install liquid dispenser for shampoo and rinse</li> <li>- Install handheld shower</li> <li>-</li> </ul>	<ul style="list-style-type: none"> <li>- Wait, try again later</li> <li>- Let air dry</li> <li>- Use bath poncho</li> <li>- Use larger towel</li> <li>- Develop drying routing</li> <li>- Caregiver assistance with drying</li> </ul>