

Are You Satisfied with the Way You Live Your Life?

No

Reason	Purpose	Disability	Isolated	Bored/depressed	No \$	No close family / friends / community
Issues	Creating a schedule - Get up - Get showered - Get dressed - Go outside Time with friends Get hair done WHATEVER! Have <u>something</u> to do	Medical Psych Disease process / progress Coping / assuring AT – not adequate	? (can't read word) No transportation Family not local Miserable Change of roles Loss of control of bodily functions Hearing / speech / vision changes New community – new location Cultural differences Religious preference	Nothing to do No one to take care of Nothing on TV Can't get out	Can't purchase AT No Internet Can't do mods Can't get transportation	
Intervention?						
Solutions and Strategies	Animal – pet therapy	Exercise Referral for: - PCPhysician - AT - Speech Service animal	Social media Work Volunteer On-line dating Chattervox Pocket talker AAC	Follow-up with medical Peer support Life skills Medication management Re-evaluate meds Exploring new hobbies Volunteering On-line games Facebook Introduction to gaming Exercise – sex Plants Comfort animal	Budgeting Money management Get roommate Online employment Reevaluate wants vs needs Clip coupons Pet sit	Church Social club Social network Tele-present robots Community / senior center Facebook Volunteering Libraries Book clubs Virtual senior citizens